



IMPORTANT NOTICE ABOUT RESTRICTED MEDICATIONS

We Prioritise Your Safety and Long-Term Health

At Hospital Street Doctors, we do not prescribe the following medications for ongoing conditions:

✗ Schedule 8 (S8) Medicines

- Strong opioid pain medicines
- Stimulant medications
- Other high-risk controlled drugs

✗ High-Risk Schedule 4 (S4) Medicines

- Benzodiazepines (e.g., Valium, Xanax)
- Sleeping tablets (e.g., Stilnox, Imovane)
- Pregabalin
- Other addictive medicines

Why?

These medications can cause:

- Dependence and addiction
- Overdose risk
- Falls and injuries
- Worsening long-term health
- Reduced effectiveness over time

Our Approach Instead

We follow a holistic, evidence-based, multidisciplinary model for chronic pain, anxiety, and sleep issues, including:

- Safer medication options
- GP care plans and regular reviews
- Physiotherapy and exercise programs

- Mental health support
- Lifestyle, sleep, and wellbeing strategies
- Team-based care with specialists and allied health

We Are Here to Help

If you need support, please book an appointment so we can work together on a safe and effective treatment plan tailored to you.

Thank you for your understanding.

Hospital Street Doctors

Caring for our community with safe, modern medicine.

The **Zero Tolerance Policy** applies.

Police may be called if needed.